

## Books and Articles

*Why Men Are The Way They Are, The Myth of Male Power, Father and Child Reunion,*  
Warren Farrell

*The War Against Boys,*  
Christina Hoff Sommers

*Is There Really a Fatherhood Crisis,*  
Stephen Baskerville (internet only)

*Stop Walking on Eggshells, Taking Your Life Back,* Paul T. Mason and Randi Kreger

*Domestic Violence, 12 Things They Don't Want You to Know,* Thomas B. James, J.D.

*Abused Men, The Hidden Side of Domestic Violence,* Philip Cook

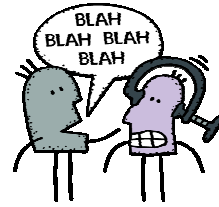
*Divorced Dads, Shattering the Myths,*  
Sanford L. Braver

*Survival Guide for the Falsely Accused,*  
Dean Tong

*Father's Rights, Smoke and Mirrors,*  
Jeffery M. Leving

*The Devastating Effect of False Sexual Abuse Claims,* Terrance W. Campbell

[Mensbiz.net](http://Mensbiz.net)



## Professional Services

Except for paid attorneys and other professionals, there are few free and unbiased services for men and their children when it comes to problems associated with domestic violence or the Family Courts.

You can get free help through Family Law Facilitators Offices or forms at the Clerk's Office at most courthouses in San Diego.

If you are a victim of domestic violence, you might be able to get assistance through the Family Justice Center (FJC). However, the FJC only helps "victims" meaning those with restraining orders against someone else and those seeking restraining orders against someone else. The FJC offers advocates, a medical unit, traveler's aid, children services, counselors, volunteer lawyers, chaplains, military liaisons, San Diego Domestic Violence Unit, clothing, investigators, childcare, city attorneys, and referral services. They are open Monday through Friday at 707 Broadway. Walk-ins are welcome, HOWEVER, DO NOT go there if you have a restraining order against you and show up with the person who took out the order against you; you will be arrested: 619-533-6000

[Copss.org](http://Copss.org)



## Websites

It's best to do some research first. These websites might help you.

California Courts Self-Help Center  
[www.courtinfo.ca.gov/self-help/](http://www.courtinfo.ca.gov/self-help/)

National Coalition of Free Men LA  
[www.ncfmia.org](http://www.ncfmia.org)

PaternityFraudDNA  
[www.paternityfrauddna.com](http://www.paternityfrauddna.com)

Stop Abuse for Everyone  
[www.safe4all.org](http://www.safe4all.org)

American Coalition of Fathers and Children  
[www.acfc.org/help/](http://www.acfc.org/help/)

American Family Rights Association  
[www.familyrightsassociation.com](http://www.familyrightsassociation.com)

Abuse-Excuse [www.abuse-excuse.com](http://www.abuse-excuse.com)

California Men's Center San Diego  
932 C Street, Suite B, SD, CA 92101  
619-231-1909

[Cafepress.com/mensbiz](http://Cafepress.com/mensbiz)

## California Men's Center San Diego Support Groups and Meetings

Need a little help, take a break, and join us for support, information, and camaraderie. Join us at the California Men's Center San Diego, 932 C St., Suite B, San Diego, CA 92101 unless otherwise shown. Call 619-231-1909 for information.

Coalition of Parent Support (COPS), 7:00 PM, the 2<sup>nd</sup> Wednesday: [www.cops.org/ed](http://www.cops.org/ed)

Support group for survivors of the personality disordered, 6:30 PM the 3<sup>rd</sup> Tuesday.

National Coalition of Free Men San Diego, 7:00 PM the last Thursday: [ncfm.org](http://ncfm.org)

At some of our meetings attorneys from the Men's Family Law Center join us, which is tantamount to a free family court legal clinic. So, if you have questions, join us.

Men's Family Law Center Family Advocates, 940 C Street. Call 619-234-3838. [Menslegal.com](http://Menslegal.com)

Our Center is also the home of the Children's Rights Initiative for Sharing Parents Equally: see [CRISPE.org](http://CRISPE.org) for more information:



[PaternityFraudDNA.com](http://PaternityFraudDNA.com)



If you are a man being abused, call the Domestic Abuse Helpline above.

### Restraining Orders

If you are a man being abused by a woman you need to get some help, and get some help fast! Men all too often think little of being abused, but there's no excuse for abuse, unless you are a woman. That means, if you are being abused, go to your nearest courthouse and talk to someone about getting a restraining order; or, call us. Don't think about it, just do it! Generally speaking, the person who gets the restraining order first has the advantage in Court. False accusations are common and typically made by women. A false accusation of domestic violence, child abuse, or sexual assault can destroy a person's life. Don't wait for that accusation to destroy your life. See someone about the restraining order and other resources available.

### Child Custody Mediation

Don't go to Family Court Mediation without being prepared, you and your children are much too important. Call us. Do your homework and be prepared. Judges don't always "rubber stamp" mediator reports, but all mediator reports influence the decisions of judges.

[Crispe.org](http://Crispe.org)

# California Men's Centers San Diego

Individual coaching, support groups, meetings, information, education, training, and referrals for...

Child custody and support

High conflict relationships

False Accusations

FCS Mediation Preparation

Domestic Violence

Parenting

Paternity Fraud

Paternity DNA Testing

Second Spouses

[CaliforniaMensCenters.org](http://CaliforniaMensCenters.org)